

LESSON 18

Topic: Childbirth

Text: Psalm 127:3-5; 1 Timothy 2:15; Genesis 1:28

Aim: To convey the role of humanity as stewards of creation and the importance of fruitfulness and multiplication.

Introduction: Childbirth in the bible is presented as both a natural process and a spiritual event marked by both pain and joy. It is a testament to God's creative power, the continuation of His covenant, and the hope of new life. While physical pain may be acknowledged (Genesis 3:16; John 16:21), during childbirth, scriptural views generally present it as a blessing. The bible emphasizes childbirth as a gift and a fulfilment of God's command to be fruitful and multiply (Genesis 1:28). It also acknowledges the pain associated with labour as a result of the curse in Genesis 3:16. Ultimately, childbirth is seen as an opportunity to experience God's grace and mercy.

Discussion Questions:

1. What is the purpose of child birth? Gen.1:28; Ps. 127:3 – 5; Matt. 1:21
2. What are God's promises and assurance in child birth? 1Tim.2:15; Isaiah 65:23; Exodus 23: 26
3. Discuss the place of adoption as a means of having children? Exodus 2:5-10; Esther2:7; Eph.1:5
4. In line with Genesis 1:28, discuss the place of birth control. Prov. 16:2; Eccl.10:10

Conclusion. Christians should approach childbirth as a sacred event, recognizing God's design and its purpose. Trusting in God's grace and provisions brings peace and strength during labour and delivery. Scripture celebrates children as a blessing and a heritage from the Lord (Psalm 127:3). While trusting God for safe delivery, do not neglect working with your doctor and midwife during pregnancy and child birth. Adoption of children legally is acceptable in the Christian faith. Having the number of children we can care for is important. We should not abort, discard, kill or sell off our children in the process of birth control

Memory verse: They will not toil in vain, or bear children doomed to misfortune; for they will be a people blessed by the LORD, they and their descendants with them. Isaiah.65:23. (NIV).